

Appl. No. 09/741,718

Amendments to the Specification:

Please replace the abstract with the following amended abstract:

B1 An absorbent article having a nonwoven pouch and tablets of absorbent material, said absorbent material comprising compressed fiber having a predetermined bulk density, said predetermined bulk density ~~within 20% of the fiber's maximum volume~~ sufficient to provide a volume capacity of at least about 80% of the maximum volume capacity of the absorbent material.